

GOVERNOR DOUGLAS A. DUCEY

STATE OF ARIZONA  
★  
PROCLAMATION

WHEREAS, Arizona celebrates *DON'T QUIT! Fitness Month* to bring greater awareness to the importance of physical fitness and wellness in the fight against childhood obesity; and  
WHEREAS, childhood obesity affects more than 23 million children and teenagers in the United States – nearly 1 in 3 young people are overweight or obese; and  
WHEREAS, the lack of physical activity contributes to childhood obesity and chronic diseases; and  
WHEREAS, childhood obesity puts children at risk for developing health problems such as heart disease, type 2 diabetes and other serious medical issues; and  
WHEREAS, Chairman Jake Steinfeld and the National Foundation for Governors' Fitness Councils is giving Arizona schools the tools to promote physical activity and wellness; and  
WHEREAS, Arizona has joined with the National Foundation for Governors' Fitness Councils in an effort to decrease childhood obesity and save lives; and  
WHEREAS, academics and fitness go hand in hand; and  
WHEREAS, *DON'T QUIT! Fitness Month* will help bring greater awareness to the childhood obesity epidemic and the importance of encouraging children and families to get physically fit.  
NOW, THEREFORE, I, Douglas A. Ducey, Governor of the State of Arizona, do hereby proclaim October 2016 as

**DON'T QUIT! FITNESS MONTH**

and encourage all individuals to work together by engaging in physical activity to make our children, and our state, the healthiest in the nation.

IN WITNESS WHEREOF, I have hereunto set my hand and caused to be affixed the Great Seal of the State of Arizona



GOVERNOR

DONE at the Capitol in Phoenix on this twelfth day of August in the year Two Thousand and Sixteen and of the Independence of the United States of America the Two Hundred and Forty-First.

ATTEST:



SECRETARY OF STATE

